

Adapting 2020 Mission u study themes and staying informed

Traditional Mission u events were cancelled this summer. However, the excellent topics can be pursued through the study materials.

The textbook for the **Spiritual Growth Study** “Finding Peace in an Anxious World” uses the Book of Proverbs and the Prayer of Serenity to explore finding peace through scriptural and spiritual disciplines.

The Issue Study “Mass Incarceration: School-to Prison Pipeline” uses the text “Pushout: The Criminalization of Black Girls in Schools” by Monique Morris to provide a biblical and theological lens to view mass incarceration and criminalization of children of color. The study books are available at <https://www.unitedmethodistwomen.org/mission-studies>

Faith Talks Podcasts are monthly conversations with United Methodist Women. Each conversation explores themes and resources that empower us to put faith, hope and love into action. Click on <https://www.unitedmethodistwomen.org/faithtalks> and select from the many available subjects.

Reading: In this time of confronting racism, UMW encourages reading and exploring media to expand understanding of the experiences of people of color. *So You Want to Talk about Race* is on the national UMW reading list. For other resources, see the list, found on the BUMC website, compiled by local UMW and BUMC for the Racial Justice emphasis. A discussion group may be started.